



Our Lady of Mercy Catholic School Newsletter, March 6, 2018

Principal:	Mrs. Patricia Flagler-Edwards	Vice-Principal:	Mr. Stephen Tod
Superintendent:	Ms. Theresa Kennedy	Trustee:	Mr. Brian Kerby
School Council Chair: J. Hudder	Vice Chair: L. Hetu	Pastors:	Fr. Casimir Muobike
School Council Treasurer:	T. Allan		Fr. Malachy Ekezie
School Council Secretary:	M Hicks		Fr. Ron Meyer
School Council email:	omersc@alcdsb.on.ca	Custodian:	Miss Darlene Storey
School Phone No.	613-332-3300	Administrative Assistant:	Mrs. Lois Lalonde
School Fax No:	613-332-0523	Follow us on Twitter:	@alcdsb_omer
School Website:	http://schools.alcdsb.on.ca/omer		
School Email:	omer_secretary@alcdsb.on.ca		

SchoolCashOnline

KEVGROUP

Milk cards are available on-line, (as are pizza orders, on a monthly basis). To register for online purchases, please see our website, and scroll down to School News to "Register Now".



Pink Shirt Day 2018

**School Council Meeting cancelled tonight.
Rescheduled for March 27th**



A HUGE THANK YOU to LISA MACKENZIE for doing the shopping every week for our **Friday Healthy Snacks**. Thank you for **your time**.

We also want to send out a **HUGE THANK YOU to our 3 volunteers**, who come to school every Friday morning to prepare the healthy snack trays. **MEAGHAN DOUCETTE, TANYA BROWN AND KELLY BRAUN**.

Thank you so much ladies!!

REMINDER

**AN AFTERNOON OF FREE SKATING
FRIDAY, MARCH 9th**



**Please return new yellow permission forms
coming home today
All Skaters MUST wear helmets.**



You're Invited!

Join Food for Learning by celebrating Nutrition Month this March! Nutrition Month recognizes the potential of food to fuel, discover, prevent, heal and bring us together. For more information on Nutrition Month 2018 please visit NutritionMonth2018.ca

RSVP: By choosing to serve the healthiest options possible all March long

EAT. LEARN. SUCCEED.

HEALTH UNIT IMMUNIZATION CLINIC DURING MARCH BREAK



**Wednesday March 14th at 1P Manor Lane
Please call 613 332-4555 for an appointment.**

**Suspension letters from the Health Unit will be
coming home today**



Algonquin and Lakeshore Catholic District School Board
151 Dairy Avenue, Napanee, Ontario K7R 4B2 (613) 354-2255 / 1-800-581-1116 Fax: (613) 354-4772

www.alcdsb.on.ca



Mr. Lalonde's Grade 4/5 class was asked by Heather Brough of Vintage on Hastings if we could decorate the window in a St. Patrick's Day theme for the month of March. Over several days students researched St. Patrick and discovered a lot of myths and realities of St. Patrick and how we celebrate St. Patrick's Day in Canada. We learned all about shamrocks, leprechauns, Pookas, whether St. Patrick drove the snakes out of Ireland and all about St. Patrick's life. We then wrote about what we learned and then created art work that reflected our learning. So go visit Vintage on Hastings to check out our creations. All proceeds from the Vintage on Hastings store goes towards our local Hospice.

ATTENTION GRADE SEVEN PARENTS



Thank you to the grade seven parents who have already submitted their money towards our 2018 graduation ceremony. Just a reminder to please send in your donation of **\$25.00** as soon as possible. It is very much appreciated. **You can make this payment online if you have registered for SCHOOL CASH ONLINE. Please look for the "Grade 7 Pre-payment for Graduation", as the item.**



February Merit Awards

**REGISTER ONLINE!
FOR 2018-2019 KINDERGARTEN
PROGRAM**



ALCDSB will soon be able to accept online registration for Kindergarten students for the fall of 2018-2019. To be eligible, the child must be 4 years of age on or before December 31, 2018.

If you have any questions, please call the school. Please stay tuned for more details as registration will be online by end of March.

Project Prom Coming to N.H.H.S.



Prom Project makes gently-used formal wear (dresses, suits & accessories), for girls and boys, available to all area elementary and secondary students who plan to go to the prom/formal, graduation ceremony or other school celebratory events. The clothing is provided **free of charge** and yours to keep. The shopping event will be held on **APRIL 4th** from **3:00 p.m. to 5:30 p.m.** at North Hastings High School gymnasium.

Free Cooking Classes

Provided by:
Bancroft
Family Health Team

Learn how to make easy and nutritious meals and snacks for your family and friends.

Upcoming Classes:



Thursday, March 15, 2018
10:30 am - 12 noon
Student cooking class
(10 - 17 years of age)

- ❖ Breakfast in a Mug
- ❖ Bean Bruschetta Pizza

Friday, March 16, 2018
10:30 - 12 noon
Adult cooking class

- ❖ Bean Bruschetta Pizza
- ❖ Chilled Cucumber Soup

Classes held in the
Bancroft Family
Health Team
Kitchen

What to expect:

- ✓ Recipe ingredients and cooking utensils provided
- ✓ No need to pack a lunch as participants will sample both recipes
- ✓ A short nutrition talk on choosing healthy meals

Space is limited! Please call Renée Robinson at 613 - 332 - 1565 Ext. 238 by March 13, 2018 to register.



“All God’s Creatures Great and Small”

To acknowledge Random Acts of Kindness Week we are celebrating "All God’s Creatures Great and Small". You are encouraged to submit a photo of you with your furry friend. All photos will be displayed on the school bulletin board. Photos will be collected throughout the month of March. In addition to the photo submissions we are asking everyone to please consider donating a Loonie to help raise funds to care for animals in our community. All monies collected will be donated to Home Again. This initiative is a collaborative effort between the Lifestart Inside Group and the Faith Life Committee.

Looking forward to the vast display of photos capturing the connection between humans and the love of God's creatures!

Joanne Prentice & Lori Cannon



PEDICULOSIS (HEAD LICE) CONTROL



Due to frequent travel over March Break, it would be a good idea to check for nits/lice prior to return on March 19th. Head lice feed on blood and cement their eggs, commonly called nits, to strands of hair at the scalp. The nits take approximately 7-10 days to hatch. The bite of a louse causes itching which can be aggravated and infected by scratching. **A reminder to please check your child’s head on a regular basis.**